



Course Timetable

for [2402-4] Level 4: Thursday (London) - Jan 2025

Key

55

Course Date
- In person

18

Course Date
- Online

10

School Holidays

10

Public/Bank
Holidays

Venue address

The London Shambhala Meditation Centre
27 Belmont Close, London SW4 6AY

Session 1 - 60 Times

09:00 - 16:45

Final Session 61 Times

17:45 - 21:10

Jan 2026

M T W T F S S

L4 starts 15. Jan 2026

			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29	30	31			

Feb 2026

M T W T F S S

							1	
2	3	4	5	6	7	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23	24	25	26	27	28			

Mar 2026

M T W T F S S

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9	10	11	12	13	14	15		
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30	31							

Apr 2026

M T W T F S S

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27	28	29	30					

May 2026

M T W T F S S

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18	19	20	21	22	23	24		
25	26	27	28	29	30	31		

Jun 2026

M T W T F S S

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8	9	10	11	12	13	14		
15	15	17	18	19	20	21		
22	23	24	25	26	27	28		
29	30							



Jul 2026

M	T	W	T	F	S	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Aug 2026

M	T	W	T	F	S	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
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24	25	26	27	28	29	30
31						

Sep 2026

M	T	W	T	F	S	S
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21	22	23	24	25	26	27
28	29	30				

Oct 2026

M	T	W	T	F	S	S
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5	6	7	8	9	10	11
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19	20	21	22	23	24	25
26	27	28	29	30	31	

Nov 2026

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2	3	4	5	6	7	8
9	10	11	12	13	14	15
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23	24	25	26	27	28	29
30						

Dec 2026

M	T	W	T	F	S	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Jan 2027

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

Feb 2027

M	T	W	T	F	S	S
1	2	3	4	5	6	7
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22	23	24	25	26	27	28

Mar 2027

M	T	W	T	F	S	S
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22	23	24	25	26	27	28
29	30	31				



Apr 2027

M	T	W	T	F	S	S
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5	6	7	8	9	10	11
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19	20	21	22	23	24	25
26	27	28	29	30		

May 2027

M	T	W	T	F	S	S
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3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Jun 2027

M	T	W	T	F	S	S	
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7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

Jul 2027

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Aug 2027

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Dec 2027

M	T	W	T	F	S	S
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Final Evening Session
(17:45 - 21:10) - 2. Dec 2027

Dec 2027

M	T	W	T	F	S	S
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Final Evening Session
(17:45 - 21:10) - 2. Dec 2027